

## Teen Fitness

Below are several examples of what we want teens to wear during the fitness portion of competition. If you have questions please let us know.

**Bottoms:** All are from the Dance Wear Solutions website ([www.dancewearsolutions.com](http://www.dancewearsolutions.com).) Color must be black. You do not have to have any of these exact bottoms or brands just something similar to these.



TB113  
boy cut low rise shorts by  
Capezio

Color: black



MT2789  
dance skort by Balera

Color: black



MT2764  
longer-length shorts by  
Balera

Color: black



MT3148  
side shirred dance pants



MT2893  
banded waist & legs

Color: black

**Tops: Basic Tops must be a solid color and may not have a design or logo of any kind.**  
Some from Dancewear Solutions website ([www.dancewearsolutions.com](http://www.dancewearsolutions.com))  
You do not have to have any of these exact tops or brands just something similar to these.



MT2519 by Balera  
Camisole top

Colors: Cerise, dark teal, eggplant, lime, marine blue, orange, peacock, red, royal, white, pink, navy, purple, bubblegum, grape, emerald



TB104 Basic Camisole  
Top by Capezio

Colors: hot pink, red, white, purple, royal, turquoise



MT3893  
Pinch front camisole top  
by Baleria

Colors: cerise, grape, lime, peacock, red



PT0241 Basic Cotton  
Tank Top by Balera

Colors: Caribbean turquoise, hot pink, red, white, yellow



SM7256 Cotton Seamless  
Camisole Top

Colors: Carnation, Lime  
Peacock

**Footwear: Contestants should wear tennis shoes with no visible logo. White on white should be fine. Colored logos should be covered up with a subtle patch—no glitter or decoration.**